

Nature trail check sheet

How many of these can you find?



Squirrel

Acorn

Oak leaf

Frog



Ladybird

Butterfly

Pine cone

Twig

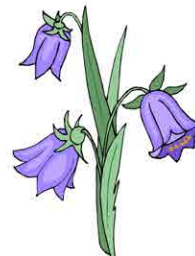


Snail

Dandelion

Bluebell

Daisy

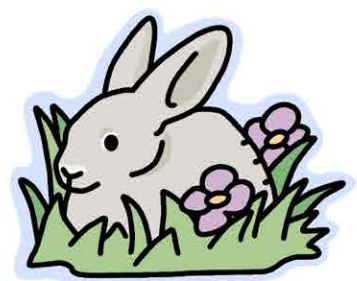


Feather

Bird

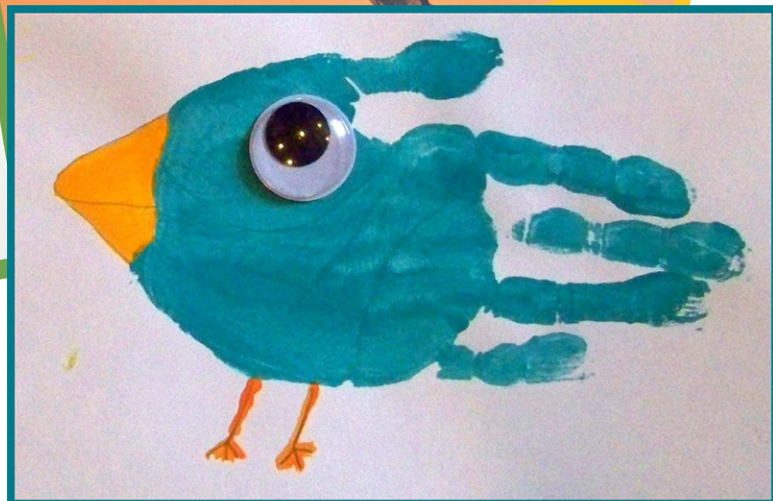
Spider's web

Rabbit



Hand prints!

Create a gallery of hand prints with each child's favourite thing on their walk.



Make a spider:

1. Paint one of your child's hands black. (Don't paint their thumbs – spiders only have eight legs.)
2. Gently press their hand onto some card.
3. Apply a bit more paint then press their hand back onto the card. Overlap the palm print so their fingers create legs on each side of the body. Let it dry.
4. Stick on some googly eyes, or use natural items like feathers for their web.

Make a frog:

1. Paint a paper plate with your favourite green colour. This will create the body of your frog.
2. To make the legs either paint your child's hand and press their hand on the card. Or draw round their hand and cut out the shape of their hand print.
3. Let all of the paint dry.
4. Stick your hands and body together as well as some googly eyes, or use natural items like feathers for their web.

Make a bird:

1. Paint one of your child's hands their favourite colour.
2. Gently press their hand onto some card.
3. Paint on the bird's feet and beak with a paint brush and let it dry.
4. Stick on some googly eyes, or use natural items like feathers for their web.

Bark and leaf artist

Create a gallery of each child's favourite leaf and tree on their walk.



Try layering colours and patterns, or create lots of bark and leaf rubbings from different trees.

What to do:

Leaf rubbing

1. Give your child a basket small enough to carry themselves.
2. Collect the prettiest fall leaves you can find, choosing a variety of shapes and textures.
3. Place a leaf on a sheet of white drawing paper. Fold the paper over it so the leaf is between two layers of paper. Rub the top sheet of paper gently with a crayon so the imprint of the leaf begins to show through. You can make the rubbings into greeting cards or frame them for your walls.

Bark rubbing

1. Find a tree, one with gnarly, interesting bark is best.
2. Press the paper against the bark and hold it in place.
3. Rub your charcoal, pencil or crayon against the paper. You'll need to press firmly.
4. When the pattern has come through, you can move the paper and you should have a lovely barking picture.